

2007-08 CHECKLIST FOR HEALTH AND WELLNESS, K-12 Licensure rev. 7/16/07

Total hours: 152 or 158*

Major (54 hours)	GENERAL EDUCATION (66 or 72* hours)
100-level activity courses are 1 semester credit each (6 hours required)	CISC 100 Computer as a Tool
I. Safety, First Aid, and CPR (1 required): PHED 115	CISC 216 Computer as a Classroom Support System
II. Physical Fitness (2 required): PHED 184, 185, 186 or 187	ENGL 100 Introduction to College Writing*
III. Sport Skills (1 required): PHED 173, 176, 177, 178, 179, 180, 181, 182, 125, 126, 120, 122 or 124	ENGL 110 Composition and Rhetoric
III. Aquatics: (1 required) PHED 160, 161, 162, 163, 164 or 165	ENGL 111 Composition, Research & Rhetoric
V. Outdoor Leisure (1 required): PHED 189, 190, 195, 196, 197, 198 or 199	EVSC 111 Environmental Science
	HIST 101 or 102 The West and the World I or II
	HIST 201 or 102 U.S. History I or II
	MATH 101 Basic Math*
	MATH 102 College Algebra
Physical Education Theory Courses:	MATH 215 Elementary Statistics
	OREN 105 Tusculum Experience (1 hr.)
ATEP 333 Nutrition	PHED 201 Foundations of PE & Wellness
PHED 251 Human Anatomy	POLS 380 The Political Traditions of the West
PHED 252 Human Physiology	PSYC 101 Essentials of Psychology
PHED 260 Methods for School Health Teachers	PSYC 200 Developmental Psychology
PHED 270 Adaptive Physical Education	PSYC 305 Educational Psychology
PHED 342 Community Health	RELG 330 The Hebrew and Christian Traditions
PHED 360 C/M--Elementary PE, Hlth & Wellness	SOCI 101 Principles & Social Institutions
PHED 361 C/Methods--Secondary PE, Hlth & Wellness	
PHED 370 Measurement & Evaluation in PE, Hlth & Well.	CHOOSE ONE:
PHED 374 Motor Development	
PHED 380 Kinesiology	MUSC 101 Introduction to Western Music
PHED 390 Physiology of Exercise	THEA 104 Introduction to Theatre
PHED 396 Organization, Administration and Supervision of Physical Education, Health & Wellness	VISA 110 Basic Concepts of the Visual Arts
	VISA 204 Ancient Through Renaissance Art
	VISA 208 Baroque Through Modern Art
PROFESSIONAL EDUCATION (32 hours)	
EDUC 200 History and Philosophy of Education	
EDUC 320 Classroom Discipline and Management	
HGLN 341 Learning Environments K-8	
OR	
EDUC 342 Learning Environments 7-12	
EDUC 452 Student Teaching Seminar (4 hours)	
EDUC 457 Enhanced Student Teaching: Secondary (12 hours)	
SPED 101 Survey of the Regular and Special Populations Within the School Environment	*Not required if ACT scores merit