

**2008-09 Sports Science major**  
Requirements Checklist: REV. 5/20/08

***100-level activity courses are 1 semester credit each (6 required)***

**I. SAFETY, FIRST AID, AND CPR (1 required)**

\_\_\_ PHED 115, Safety, First Aid & CPR

\_\_\_ OREN 105 (1 hour)

\_\_\_ CISC 100 or validation by test

**II. SPORTS SKILLS (3 required)**

**A. Individual and Dual Sports (2 required)**

\_\_\_ PHED 173, 176, 177, 178, 179, 180, 181 or 182

\_\_\_ ENGL 110 or validation by ACT/SAT

**B. Teams Sports (1 required)**

\_\_\_ PHED 120, 122, 124, 125 or 126

\_\_\_ ENGL 111 or ENGL 200 or a writing-intensive research course in the major

**III. AQUATICS: (1 required)**

\_\_\_ PHED 160, 161, 162, 163, 164 or 165

\_\_\_ MATH 102 or higher level Math course  
(one class required – students who validate MATH 102 by ACT/SAT or test may take a higher level math to satisfy this requirement)

**IV. PHYSICAL FITNESS (1 required)**

\_\_\_ PHED 184, 185, 186 or 187

**Arts and Humanities (4 hours required)**

\_\_\_ ENGL 120, 201, 225, 227, 228; HNRS 101,  
HUMA 222, 223; MUSC 101, THEA 104,  
VISA 110, 204, 208

**PHYSICAL EDUCATION THEORY COURSES**

\_\_\_ PHED 200, Intro & History of PE and Athletics

**Natural Sciences (4 hours required)**

\_\_\_ PHED 251, Human Anatomy

\_\_\_ BIOL 100, 101; CHEM 101, EVSC 111,  
GEOL 101, HNRS 102, PHED 252, PHYS 101

\_\_\_ PHED 252, Human Physiology

**Social Sciences (4 hours required)**

\_\_\_ PHED 290, Sports Officiating

\_\_\_ BUSN 201, GEOG 200, HIST 101, 102, 201,  
202; POLS 203, 205, 207, 209; PSYC 101,  
SOCI 101

\_\_\_ PHED 330, Psychological Dynamics of Sport & PE

\_\_\_ PHED 335, Managing Legal Aspects of Sport and PE

\_\_\_ PHED 201

\_\_\_ PHED 370, Measurement & Evaluation in PE, Hlth & Wellness

\_\_\_ POLS 380 or HNRS 380

\_\_\_ PHED 374, Motor Development

\_\_\_ RELG 330 or HNRS 330

\_\_\_ PHED 375, Motor Learning

\_\_\_ SOCI 251

\_\_\_ PHED 380, Kinesiology

\_\_\_ PHED 480 will satisfy CMNS 480, BIOL/EVSC 480;  
BUSN 446, ENGL 402 or PSYC 430

\_\_\_ PHED 390, Physiology of Exercise

\_\_\_ SVLN 351, 352, 354, 355, 356; VISA 354

\_\_\_ PHED 395, Organization, Admin. & Supv. of PE & Athletics

**Arts & Lectures Series (no credit hours)**

**OR**

\_\_\_ PHED 396, Organization, Admin. & Supv. Of PE & Health

\_\_\_ PHED 480, Senior Seminar in Sports Science/Sport Mgmt

\_\_\_ Plus one of the following: PHED 291, 292, 293, 294, 295,  
296 or 297