100-level activity courses are 1 semester credit each (6 required)

I. SAFETY, FIRST AID, AND CPR (1 required)
   __ PHED 115, Safety, First Aid & CPR

II. SPORTS SKILLS (3 required)
   A. Individual and Dual Sports (2 required)
      __ PHED 173, 176, 177, 178, 179, 180, 181 or 182
   B. Teams Sports (1 required)
      __ PHED 120, 122, 124, 125 or 126

III. AQUATICS: (1 required)
      __ PHED 160, 161, 162, 163, 164 or 165

IV. PHYSICAL FITNESS (1 required)
    __ PHED 184, 185, 186 or 187

PHYSICAL EDUCATION THEORY COURSES

    __ PHED 200, Intro & History of PE and Athletics
    __ PHED 251, Human Anatomy
    __ PHED 252, Human Physiology
    __ PHED 290, Sports Officiating
    __ PHED 330, Psychological Dynamics of Sport & PE
    __ PHED 335, Managing Legal Aspects of Sport and PE
    __ PHED 370, Measurement & Evaluation in PE, Hlth & Wellness
    __ PHED 374, Motor Development
    __ PHED 375, Motor Learning
    __ PHED 380, Kinesiology
    __ PHED 390, Physiology of Exercise
    __ PHED 395, Organization, Admin. & Supv. of PE & Athletics

OR
    __ PHED 396, Organization, Admin. & Supv. Of PE & Health
    __ PHED 480, Senior Seminar in Sports Science/Sport Mgmt

    Plus one of the following: PHED 291, 292, 293, 294, 295, 296 or 297

    ____ OREN 105 (1 hour)
    ____ CISC 100 or validation by test
    ____ ENGL 110 or validation by ACT/SAT
    ____ ENGL 111 or ENGL 200 or a writing-intensive research course in the major
    ____ MATH 102 or higher level Math course
       (one class required – students who validate MATH 102 by ACT/SAT or test may take a higher level math to satisfy this requirement)

    Arts and Humanities (4 hours required)
    ____ ENGL 120, 201, 225, 227, 228; HNRS 101, HUMA 222, 223; MUSC 101, THEA 104, VISA 110, 204, 208

    Natural Sciences (4 hours required)
    ____ BIOL 100, 101; CHEM 101, EVSC 111, GEOL 101, HNRS 102, PHED 252, PHYS 101

    Social Sciences (4 hours required)
    ____ BUSN 201, GEOG 200, HIST 101, 102, 201, 202; POLS 203, 205, 207, 209; PSYC 101, SOCI 101
    ____ PHED 201
    ____ POLS 380 or HNRS 380
    ____ RELG 330 or HNRS 330
    ____ SOCI 251
    ____ PHED 480 will satisfy CMNS 480, BIOL/EVSC 480; BUSN 446, ENGL 402 or PSYC 430
    ____ SVLN 351, 352, 354, 355, 356; VISA 354

    Arts & Lectures Series (no credit hours)