100-level activity courses are 1 semester credit each (6 required)

I. SAFETY, FIRST AID, AND CPR (1 required)
   ___ PHED 115, Safety, First Aid & CPR

II. SPORTS SKILLS (3 required)
   A. Individual and Dual Sports (2 required)
      ___ PHED 173, 176, 178, 179, 180, 181 or 182
   B. Teams Sports (1 required)
      ___ PHED 120, 122, 124, 125 or 126

III. AQUATICS: (1 required)
      ___ PHED 161 or 165

IV. PHYSICAL FITNESS (1 required)
      ___ PHED 184, 185, 186 or 187

PHYSICAL EDUCATION THEORY COURSES

___ PHED 200, Intro & History of PE and Athletics
___ PHED 251, Human Anatomy
___ PHED 252, Human Physiology
___ PHED 290, Sports Officiating
___ PHED 330, Psychological Dynamics of Sport & PE
___ PHED 335, Managing Legal Aspects of Sport and PE
___ PHED 370, Measurement & Evaluation in PE, Hlth & Wellness
___ PHED 374, Motor Development
___ PHED 375, Motor Learning
___ PHED 380, Kinesiology
___ PHED 390, Physiology of Exercise
___ PHED 395, Organization, Admin. & Supv. of PE & Athletics
   OR
___ PHED 396, Organization, Admin. & Supv. Of PE & Health
___ PHED 480, Senior Seminar in Sports Science/Sport Mgmt
   Plus one of the following: PHED 291, 293, 294, 295 or 297

Commons Courses

___ OREN 105 (1 hour)
___ CISC 100 or validation by test
___ ENGL 110 or validation by ACT/SAT
___ ENGL 111, HIST 112 or a writing-intensive research course in the major
___ MATH 122, 124, 126, 135 or higher level Math course
   (one class required – students who validate MATH 135 by ACT/SAT or test may take a higher level
   Math, excluding MATH 137, to satisfy this requirement)
   Arts and Humanities (4 hours required)
   ___ ENGL 120, 201, 225, 227, 228; HNRS 101, HUMA 222, 223; MUSC 101, THEA 104,
   VISA 110, 204, 208
   Natural Sciences (4 hours required)
   ___ BIOL 100, 101; CHEM 101, EVSC 111,
   ___ GEO 101, PHED 252 or PHYS 101
   Social Sciences (4 hours required)
   ___ BUSN 201, GEOG 200, HIST 101, 102, 201,
      202; POLS 203, 205, 207, 209; PSYC 101,
      SOCI 101, 105
   ___ PHED 201
   ___ CMNS 251
   ___ CMNS 330 or HNRS 330
   ___ CMNS 380 or HNRS 380
   ___ PHED 480 will satisfy CMNS 480 or BIOL/EVSC 480,
      BUSN 446, ENGL 402, PSYC 430
   ___ SVLN 351, 354, 356; VISA 354
   Arts & Lectures Series (no credit hours)